

Simple Nursing Flashcards PDF

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What is the primary function of red blood cells?

The primary function of red blood cells is to transport oxygen from the lungs to the body's tissues and to carry carbon dioxide from the tissues back to the lungs.

What is the normal range for adult heart rate?

The normal range for adult heart rate is typically between 60 to 100 beats per minute.

What does the acronym 'ABCDE' stand for in assessing a patient?

'ABCDE' stands for Airway, Breathing, Circulation, Disability, and Exposure.

What is the purpose of the Glasgow Coma Scale?

The Glasgow Coma Scale is used to assess a patient's level of consciousness and neurological function.

What are the signs of dehydration?

Signs of dehydration include dry mouth, thirst, decreased urine output, fatigue, and dizziness.

What is the first step in CPR?

The first step in CPR is to check the responsiveness of the person and call for emergency help if they are unresponsive.

What is the normal range for adult blood pressure?

The normal range for adult blood pressure is typically around 120/80 mmHg.

What is the role of platelets in the body?

Platelets play a crucial role in blood clotting and wound healing.

What is anaphylaxis?

Anaphylaxis is a severe, potentially life-threatening allergic reaction that requires immediate medical attention.

What are the common symptoms of heart attack?

Common symptoms of a heart attack include chest pain, shortness of breath, nausea, and pain in the arms, back, neck, or jaw.