

Osmosis Diffusion Worksheet

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Part 1: Foundational Knowledge
What is the primary difference between diffusion and osmosis?
Hint: Consider the substances involved in each process.
A) Diffusion involves water, while osmosis involves gases.
○ B) Diffusion requires energy, while osmosis does not.
C) Diffusion involves solutes, while osmosis involves water.
O) Diffusion occurs only in liquids, while osmosis occurs in solids.
Which of the following are characteristics of diffusion? (Select all that apply)
Hint: Think about the nature of diffusion and its requirements.
☐ A) Passive process
☐ B) Requires energy
C) Moves down the concentration gradient
D) Involves a semi-permeable membrane
Explain in your own words how osmosis differs from simple diffusion.
Hint: Focus on the types of molecules involved and the conditions required.

List two factors that affect the rate of diffusion and briefly describe their impact.



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Hint: Consider environmental conditions and properties of the substances involved.
1. Factor 1: Temperature
2. Factor 2: Concentration Gradient
Part 2: Understanding Concepts
Which scenario best illustrates osmosis?
Hint: Think about the movement of water in relation to solute concentration.
○ A) Sugar dissolving in water
B) Oxygen moving from the lungs into the bloodstream
C) Water moving into a plant cell placed in a hypotonic solution
O) Salt spreading evenly in a pot of soup
Which of the following statements about osmosis are true? (Select all that apply)
Hint: Consider the requirements and effects of osmosis in cells.
A) It requires a semi-permeable membrane.
☐ B) It moves solutes from high to low concentration.
C) It is essential for maintaining cell turgor pressure.
D) It can occur in the absence of a concentration gradient.
Describe how temperature can affect the rate of diffusion in a biological system.
Hint: Think about molecular movement and energy levels.



Part 3: Applying Knowledge

If a red blood cell is placed in a hypertonic solution, what is the most likely outcome?
Hint: Consider the effects of solute concentration on cell volume.
○ A) The cell will swell and burst.
○ B) The cell will shrink and shrivel.
C) The cell will remain unchanged.
O) The cell will double in size.
In which of the following scenarios would you expect diffusion to occur more rapidly? (Select all that apply)
Hint: Think about environmental conditions and concentration gradients.
A) A warm room compared to a cold room
B) A solution with a steep concentration gradient
C) Across a thick membrane
D) In a large open space
Imagine you are a scientist studying plant cells. How would you design an experiment to demonstrate osmosis using potato slices? Hint: Consider the materials and methods you would use.
Part 4: Analyzing Relationships
Which of the following best explains why plant cells do not burst when placed in a hypotonic solution?
Hint: Think about the structural components of plant cells.
○ A) They lack a cell membrane.

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B) They have a rigid cell wall.C) They actively pump out excess water.D) They are impermeable to water.
Analyze the following statements and identify which are true regarding the role of osmosis in cells. (Select all that apply)
Hint: Consider the functions of osmosis in maintaining cellular homeostasis.
A) Osmosis helps maintain cell volume.
B) Osmosis is irrelevant to nutrient uptake.
C) Osmosis can cause cells to become turgid.
D) Osmosis only occurs in animal cells.
Analyze the impact of osmosis on freshwater and saltwater fish when they are placed in environments with different salinity levels.
Hint: Consider the adaptations of these fish to their environments.
Part 5: Synthesis and Reflection
Which of the following interventions would best prevent dehydration in a patient receiving intravenous fluids?
Hint: Think about the osmotic balance of the fluids used.
A) Administer a hypertonic saline solution
○ B) Administer an isotonic saline solution
C) Administer a hypotonic saline solution
O) Administer pure water
Evaluate the following scenarios and determine which would lead to cell lysis. (Select all that apply)

Hint: Consider the effects of osmotic pressure on different cell types.



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A) A plant cell in a hypertonic solution	
☐ B) An animal cell in a hypotonic solution	
C) A plant cell in an isotonic solution	
D) An animal cell in a hypertonic solution	
Propose a method to desalinate seawater using the principles of osmosis and diffusion. Describe the steps and mechanisms involved.	
Hint: Think about the processes that can separate salt from water.	