

Newborn Flashcards PDF

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What is the average weight of a newborn baby?

The average weight of a newborn baby is about 7.5 pounds (3.4 kg).

What is the typical length of a newborn baby?

The typical length of a newborn baby is about 20 inches (51 cm).

What is the Apgar score used for?

The Apgar score is used to assess the health of a newborn immediately after birth.

What are the common reflexes seen in newborns?

Common reflexes in newborns include the rooting reflex, sucking reflex, and grasp reflex.

How often do newborns typically feed?

Newborns typically feed every 2 to 3 hours.

What is the purpose of newborn screening tests?

Newborn screening tests are used to detect certain genetic, endocrine, and metabolic disorders.

What is the recommended sleeping position for newborns?

The recommended sleeping position for newborns is on their back to reduce the risk of Sudden Infant Death Syndrome (SIDS).

What is colostrum?

Colostrum is the first form of milk produced by the mammary glands after giving birth, rich in antibodies.

What are the signs of a healthy newborn?

Signs of a healthy newborn include good muscle tone, normal skin color, and the ability to feed well.

What vaccinations are typically given to newborns?

Newborns typically receive the Hepatitis B vaccine shortly after birth.