

## Intro To Psychology Personality Disorder Worksheet

Intro To Psychology Personality Disorder Worksheet

Disclaimer: *The intro to psychology personality disorder worksheet was generated with the help of StudyBlaze AI. Please be aware that AI can make mistakes. Please consult your teacher if you're unsure about your solution or think there might have been a mistake. Or reach out directly to the StudyBlaze team at [max@studyblaze.io](mailto:max@studyblaze.io).*

### Part 1: Foundational Knowledge

---

**Which of the following is a characteristic of Cluster A personality disorders?**

*Hint: Think about the behaviors associated with this cluster.*

- A) Emotional instability
- B) Odd or eccentric behavior
- C) Attention-seeking behavior
- D) Fear of abandonment

**Which of the following are types of Cluster B personality disorders? (Select all that apply)**

*Hint: Consider the dramatic and erratic behaviors associated with this cluster.*

- A) Antisocial Personality Disorder
- B) Avoidant Personality Disorder
- C) Borderline Personality Disorder
- D) Schizoid Personality Disorder

**Define personality disorders and describe their general characteristics.**

*Hint: Consider the definitions and traits that define personality disorders.*

**List two genetic and two environmental factors that contribute to the development of personality disorders.**

*Hint: Think about both biological and social influences.*

1. Genetic Factor 1

2. Genetic Factor 2

3. Environmental Factor 1

4. Environmental Factor 2

## Part 2: Comprehension

---

**What is the primary tool used for diagnosing personality disorders?**

*Hint: Consider the most widely accepted diagnostic manual.*

- A) MMPI
- B) DSM-5
- C) Rorschach Test
- D) IQ Test

**Which symptoms are commonly associated with Borderline Personality Disorder? (Select all that apply)**

*Hint: Think about the emotional and behavioral patterns of this disorder.*

- A) Grandiosity
- B) Impulsivity
- C) Emotional instability
- D) Detachment from social relationships

**Explain how childhood trauma can influence the development of personality disorders.**

*Hint: Consider the long-term effects of early adverse experiences.*

### Part 3: Application

---

**A patient exhibits excessive emotionality and attention-seeking behavior. Which personality disorder is most likely being described?**

*Hint: Think about the characteristics of attention-seeking behaviors.*

- A) Schizotypal Personality Disorder
- B) Histrionic Personality Disorder
- C) Obsessively-Compulsive Personality Disorder
- D) Paranoid Personality Disorder

**Which therapeutic approaches are most effective for treating personality disorders? (Select all that apply)**

*Hint: Consider the therapies that focus on personality and behavior.*

- A) Cognitive Behavioral Therapy
- B) Dialectical Behavior Therapy
- C) Electroconvulsive Therapy
- D) Psychodynamic Therapy

**Describe a real-world scenario where a person with Avoidant Personality Disorder might face challenges in a workplace setting.**

*Hint: Think about social interactions and job responsibilities.*

## Part 4: Analysis

---

**Which of the following statements best describes the relationship between genetic factors and personality disorders?**

*Hint: Consider the interplay between genetics and environment.*

- A) Genetic factors are the sole cause of personality disorders.
- B) Genetic factors have no influence on personality disorders.
- C) Genetic factors contribute to the risk but interact with environmental factors.
- D) Genetic factors are more influential than environmental factors.

**Analyze the following symptoms: distrust of others, social detachment, and cognitive distortions. Which personality disorders might these symptoms indicate? (Select all that apply)**

*Hint: Think about the characteristics of paranoid and schizoid behaviors.*

- A) Paranoid Personality Disorder
- B) Schizoid Personality Disorder
- C) Schizotypal Personality Disorder
- D) Narcissitic Personality Disorder

**Compare and contrast the symptoms and challenges of Borderline Personality Disorder and Narcissitic Personality Disorder.**

*Hint: Consider the emotional and behavioral patterns of both disorders.*

## Part 5: Evaluation and Creation

---

**Which of the following is a significant challenge in treating personality disorders?**

*Hint: Think about the common barriers to effective treatment.*

- A) Lack of effective medications
- B) High cost of therapy
- C) Resistance to therapy and lack of insight
- D) Short duration of treatment

**Evaluate the effectiveness of different therapeutic approaches for personality disorders. Which of the following are considered effective? (Select all that apply)**

*Hint: Consider the therapies that have shown positive outcomes.*

- A) Group therapy for social skills
- B) Long-term psychodynamic therapy
- C) Short-term medication management
- D) Cognitive restructuring techniques

**Propose a comprehensive treatment plan for a patient diagnosed with Borderline Personality Disorder, incorporating various therapeutic approaches and addressing potential challenges.**

*Hint: Think about a multi-faceted approach to treatment.*