

## Ib Psychology Chapter 1 Flashcards PDF

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What is the definition of psychology?

Psychology is the scientific study of behavior and mental processes.

What are the main goals of psychology?

The main goals of psychology are to describe, explain, predict, and control behavior.

What is the difference between a psychologist and a psychiatrist?

A psychologist is a professional who studies behavior and mental processes, while a psychiatrist is a medical doctor who can prescribe medication and treat mental disorders.

What are the different research methods used in psychology?

The different research methods include experiments, surveys, case studies, and observational studies.

What is the importance of ethics in psychological research?

Ethics in psychological research is important to ensure the safety, dignity, and welfare of participants.

What is the role of the American Psychological Association (APA)?

The APA is a professional organization that represents psychologists and sets ethical guidelines for the practice of psychology.

What is the biopsychosocial model?

The biopsychosocial model is an approach that considers biological, psychological, and social factors in understanding health and illness.

What are the major perspectives in psychology?

The major perspectives include behavioral, cognitive, humanist, psychodynamic, and biological perspectives.

What is the significance of the nature vs. nurture debate?

The nature vs. nurture debate examines the relative contributions of genetics and environment to human behavior and development.

What is the concept of operant conditioning?

Operant conditioning is a learning process through which the strength of a behavior is modified by reinforcement or punishment.