

# Hierarchy Of Needs Worksheet Answer Key PDF

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## Part 1: Building a Foundation

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### What is the first level of Maslow's Hierarchy of Needs?

undefined. A) Safety Needs

undefined. B) Self-Esteem Needs

**undefined. C) Physiological Needs ✓**

undefined. D) Love and Belongin Needs

The first level is Physiological Needs.

### Which of the following are considered physiological needs according to Maslow?

**undefined. A) Food ✓**

undefined. B) Friendship

**undefined. C) Water ✓**

undefined. D) Security

Physiological needs include food and water.

### Explain why physiological needs are considered the foundation of Maslow's Hierarchy of Needs.

**Physiological needs are essential for survival and must be met before higher-level needs can be addressed.**

### List the five levels of Maslow's Hierarchy of Needs in order from the most basic to the highest level.

1. 1st Level

**Physiological Needs**

2. 2nd Level

### Safety Needs

3. 3rd Level

### Love and Belonginess

4. 4th Level

### Self-Esteem Needs

5. 5th Level

### Self-Actualization

The five levels are: Physiological, Safety, Love and Belonginess, Esteem, and Self-Actualization.

### Which need becomes a priority after physiological needs are satisfied?

undefined. A) Self-Actualization

**undefined. B) Safety Needs ✓**

undefined. C) Love and Belonginess

undefined. D) Self-Esteem Needs

Safety Needs become a priority after physiological needs.

## Part 2: Understanding and Application

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### How do safety needs differ from physiological needs?

**undefined. A) Safety needs are more about emotional security. ✓**

undefined. B) Safety needs are about basic survival.

undefined. C) Safety needs include the need for food and water.

undefined. D) Safety needs are not part of Maslow's hierarchy.

Safety needs focus on security and protection, while physiological needs are about basic survival.

### Describe how love and belonging needs influence human behavior in social settings.

**Love and belonging needs drive individuals to seek connections and relationships, influencing their social interactions.**

### Which of the following actions would most likely help an individual achieve self-actualization?

undefined. A) Earning a promotion at work

undefined. B) Building strong friendships

**undefined. C) Pursuing a personal passion or hobby ✓**

undefined. D) Saving money for future security

Pursuing a personal passion or hobby is most likely to lead to self-actualization.

**Provide an example of how an employer might address employees' safety needs in the workplace.**

**Employers can address safety needs by implementing health and safety protocols, providing secure work environments, and offering employee assistance programs.**

### **Part 3: Analysis, Evaluation, and Creation**

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**Analyze how unmet safety needs might impact an individual's ability to focus on self-esteem needs.**

**When safety needs are unmet, individuals may experience anxiety and stress, hindering their ability to pursue self-esteem needs.**

**Which of the following scenarios best illustrates the interdependence of love and belonging needs with self-esteem needs?**

undefined. A) A person feels confident after receiving a promotion.

**undefined. B) A student excels academically due to a supportive peer group. ✓**

undefined. C) An athlete trains alone to improve performance.

undefined. D) An employee works overtime to secure a bonus.

A supportive peer group can enhance self-esteem, illustrating the connection between love and belonging needs and self-esteem needs.

**Evaluate the effectiveness of Maslow's Hierarchy of Needs in explaining human motivation in modern society. Provide examples to support your argument.**

**Maslow's Hierarchy remains relevant in understanding motivation, as it highlights the importance of fulfilling basic needs before higher-level aspirations.**

**Which of the following criticisms are often directed at Maslow's Hierarchy of Needs?**

**undefined. A) It is too rigid and linear. ✓**

**undefined. B) It does not account for cultural differences. ✓**

undefined. C) It is universally applicable without exceptions.

undefined. D) It lacks empirical support.

Critics argue that the hierarchy is too rigid and does not account for cultural differences.

**Design a program or initiative that addresses all levels of Maslow's Hierarchy of Needs for a community group of your choice. Describe how each level will be fulfilled.**

**A well-designed program would include initiatives for basic needs, safety, social connections, esteem-building activities, and opportunities for self-actualization.**