

## Feelings Flashcards PDF

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What is the feeling of happiness?
Happiness is a state of well-being characterized by emotions ranging from contentment to intense joy.
What does sadness feel like?
Sadness is a feeling of sorrow or unhappiness, often accompanied by feelings of loss or disappointment.
What is anger?
Anger is an emotional response to perceived threats, injustice, or frustration, often resulting in feelings of hostility.
What does fear feel like?
Fear is an emotional response to perceived danger or threat, often leading to a fight-or-flight response.
What is surprise?
Surprise is a brief emotional state experienced as the result of an unexpected event.



What does disgust feel like?
Disgust is a strong feeling of aversion or repulsion towards something considered offensive or unpleasant.
What is love?
Love is a complex set of emotions, behaviors, and beliefs associated with strong feelings of affection, protectiveness, warmth, and respect for another.
What does anxiety feel like?
Anxiety is a feeling of worry, nervousness, or unease about something with an uncertain outcome.
What is excitement?
Excitement is a feeling of great enthusiasm and eagerness.
What does loneliness feel like?
Loneliness is a complex and usually unpleasant emotional response to isolation or lack of companionship.