

## **Energy Potential And Kinetic Worksheets**

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Part 1: Building a Foundation		
What is the formula for calculating kinetic energy?		
Hint: Think about the relationship between mass and velocity.		
○ KE = mgh		
$\bigcirc KE = 1/2 \text{ mv}^2$		
○ KE = mg/v		
$\bigcirc$ KE = mv <sup>2</sup> /2		
Which of the following are types of potential energy?		
Hint: Consider different forms of stored energy.		
☐ Gravitational potential energy		
☐ Elastic potential energy		
Thermal energy		
Chemical potential energy		
Explain in your own words what is meant by the law of conservation of energy.		
Hint: Consider how energy is transferred and transformed.		

List two factors that affect the amount of gravitational potential energy an object has.



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Hint: Think about the object's position and mass.
1. Factor 1
2. Factor 2
2. Factor 2
Part 2: Comprehension and Application
Which statement best describes the relationship between potential and kinetic energy in a
pendulum?
Hint: Consider how energy changes as the pendulum swings.
O Potential energy is constant while kinetic energy varies.
Kinetic energy is constant while potential energy varies.
O Potential energy is converted to kinetic energy and vice versa.
O Both potential and kinetic energy remain constant.
When a roller coaster is at the top of a hill, which of the following statements are true?
Hint: Think about the energy states at the peak of the ride.
☐ It has maximum kinetic energy.
☐ It has maximum potential energy.
Its potential energy is being converted to kinetic energy as it descends.
☐ Its kinetic energy is being converted to potential energy as it ascends.
Describe how the height of an object affects its gravitational potential energy.
Hint: Consider the formula for gravitational potential energy.



If a ball is thrown upwards, at what point is its kinetic energy the greatest?
Hint: Think about the motion of the ball as it rises and falls.
At the highest point of its trajectory
O Just after it is thrown
O Just before it hits the ground
○ When it stops moving
In a hydroelectric dam, which energy transformations occur?
Hint: Consider the flow of water and energy conversion.
Gravitational potential energy to kinetic energy
Kinetic energy to electrical energy
Chemical energy to thermal energy
Electrical energy to kinetic energy
Calculate the kinetic energy of a 2 kg object moving at a velocity of 3 m/s.
Hint: Use the kinetic energy formula $KE = 1/2 \text{ mv}^2$ .
Part 3: Analysis, Evaluation, and Creation
Which scenario demonstrates the conversion of kinetic energy to potential energy?
Hint: Think about objects moving upwards.
<ul><li>A car accelerating on a flat road</li><li>A child sliding down a slide</li></ul>
A ball being thrown upwards
A pendulum at the lowest point of its swing
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Analyze the following scenarios and identify which involve energy transformation:		
Hint: Consider the changes in energy forms.		
A book falling off a shelf		
A stretched rubber band being released		
A car parked on a hill		
A light bulb turned on		
Discuss how energy conservation is demonstrated in a closed system, such as a swinging pendulum.		
Hint: Think about the energy transformations that occur.		
Which of the following best illustrates the principle of energy conservation?		
Hint: Consider systems where energy is not lost.		
A battery losing charge over time		
A wind turbine generating electricity		
A solar panel absorbing sunlight		
A perpetual motion machine		
Evaluate the following statements and identify which correctly describe energy conservation:		
Hint: Think about the principles of energy in closed systems.		
☐ Energy can be created from nothing.		
Energy can be transformed from one form to another.		
Total energy in a closed system remains constant.		
Energy can be destroyed in a closed system.		
Propose a real-world scenario where both potential and kinetic energy are utilized effectively, and		

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explain the energy transformations involved.

Hint: Think about systems like roller coasters or hydroelectric dams.



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