

## EMT Flashcards PDF

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What is the primary purpose of an EMT?

The primary purpose of an EMT is to provide emergency medical care to patients in pre-hospital settings.

What does the acronym ABC stand for in emergency medicine?

ABC stands for Airway, Breathing, and Circulation.

What is the first step an EMT should take when arriving at the scene of an emergency?

The first step is to ensure the scene is safe for both the EMT and the patient.

What is the significance of the SAMPLE acronym in patient assessment?

SAMPLE stands for Signs and Symptoms, Allergies, Medications, Past medical history, Last oral intake, and Events leading up to the present illness/injury.

What is the proper technique for performing CPR on an adult?

The proper technique involves 30 chest compressions followed by 2 rescue breaths, at a rate of 100-120 compressions per minute.

What are the signs of shock in a patient?

Signs of shock include pale or clammy skin, rapid heartbeat, weakness, confusion, and shallow breathing.

What is the purpose of the recovery position?

The recovery position is used to keep an unconscious but breathing patient safe and to maintain an open airway.

What should an EMT do if they encounter a patient with a suspected spinal injury?

The EMT should stabilize the head and neck and avoid moving the patient unless necessary.

What is the importance of obtaining consent from a patient before treatment?

Obtaining consent is important to respect the patient's autonomy and legal rights.

What are the common signs of a heart attack?

Common signs include chest pain or discomfort, shortness of breath, nausea, and pain in the arms, back, neck, jaw, or stomach.