

## Career Planning Middle School Worksheet

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### Part 1: Building a Foundation

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#### What is the primary purpose of career planning in middle school?

*Hint: Think about the main goal of career planning.*

- A) To choose a college major
- B) To understand personal interests and skills
- C) To secure a job immediately
- D) To learn how to write a resume

#### What is the primary purpose of career planning in middle school?

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#### Which of the following are considered personal values that can influence career choices? (Select all that apply)

*Hint: Consider what values are important to you.*

- A) Honesty

- B) Wealth
- C) Creativity
- D) Friendship

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**Explain why it is important to identify your strengths and weaknesses during career planning.**

*Hint: Think about how strengths and weaknesses can affect your career choices.*

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## Part 2: Comprehension and Application

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**How do personal interests influence career choices?**

*Hint: Think about the relationship between interests and job satisfaction.*

- A) They determine your salary
- B) They help you enjoy your work
- C) They limit your job options
- D) They are irrelevant to career planning

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**Which of the following statements about setting career goals are true? (Select all that apply)**

*Hint: Consider the characteristics of effective goals.*

- A) Goals should be realistic and achievable
- B) Long-term goals are more important than short-term goals
- C) Goals help provide direction and motivation
- D) Once set, goals should never be changed

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**Describe the difference between short-term and long-term career goals.**

*Hint: Think about the time frames and objectives of each type of goal.*

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**If you are interested in a career in healthcare, which of the following activities would best help you explore this field?**

*Hint: Consider activities that provide direct experience in healthcare.*

- A) Attending a music concert
- B) Volunteering at a local hospital
- C) Reading a novel
- D) Watching a cooking show

**If you are interested in a career in healthcare, which of the following activities would best help you explore this field?**

*Hint: Consider activities that provide relevant experience.*

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**Which actions can help you achieve your career goals? (Select all that apply)**

*Hint: Think about proactive steps you can take.*

- A) Creating a detailed action plan
- B) Ignoring feedback from mentors
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**Provide an example of how you can apply your problem-solving skills in a future career.**

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### **Part 3: Analysis, Evaluation, and Creation**

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**What is the role of mentors in the career decision-making process?**

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- A) To make decisions for you
- B) To provide guidance and advice
- C) To offer financial support
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**Which of the following factors should you consider when evaluating potential career paths? (Select all that apply)**

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**Which strategy is most effective for adapting to changes in your career field?**

*Hint: Think about how to stay relevant in your career.*

- A) Ignoring new trends
- B) Sticking to traditional methods
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**Evaluate the benefits of having a flexible career plan. (Select all that apply)**

*Hint: Consider how flexibility can impact your career success.*

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- B) Limits career growth
- C) Reduces stress by having multiple options
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**Propose a career plan for yourself, including your interests, potential career paths, and steps you will take to achieve your goals.**

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