

Ballet Flashcards PDF

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What is the term for a dance that is performed on the tips of the toes?

Pointe

What is the name of the position where the dancer stands on one leg with the other leg extended behind?

Arabesque

What is the French term for a dance step that means 'to jump'?

Saut

What is the name of the ballet position where the feet are turned out to the sides?

Demi-plié

What is the term for a series of rapid turns on one foot?

Pirouette

What is the name of the ballet move where the dancer leaps into the air and lands on one foot?

Sissonne

What is the term for a graceful and fluid movement in ballet?

Adagio

What is the name of the ballet position where the feet are parallel and together?

First Position

What is the term for a ballet performance that tells a story?

Narrative Ballet

What is the name of the ballet position where the dancer stands with one foot in front of the other?

Fifth Position