

AP Psychology Unit 1 Flashcards PDF

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What is psychology?

The scientific study of behavior and mental processes.

What are the main goals of psychology?

To describe, explain, predict, and control behavior and mental processes.

What is the difference between a psychologist and a psychiatrist?

A psychologist typically has a doctoral degree in psychology and provides therapy, while a psychiatrist is a medical doctor who can prescribe medication.

What is the nature vs. nurture debate?

The discussion regarding the relative contributions of genetics (nature) and environment (nurture) to human development.

What is the significance of the scientific method in psychology?

It provides a systematic and empirical approach to research, ensuring that findings are based on observable and measurable evidence.

What is a theory in psychology?

A well-substantiated explanation of some aspect of the natural world that can incorporate facts, laws, inferences, and tested hypotheses.

What is the role of a clinical psychologist?

To assess and treat individuals with psychological disorders.

What is the difference between basic and applied research?

Basic research aims to increase our understanding of fundamental principles, while applied research seeks to solve practical problems.

What is the importance of ethics in psychological research?

Ethics ensure the welfare and dignity of research participants, guiding the conduct of research to prevent harm.

What is the concept of operational definitions?

Operational definitions specify the procedures used to measure a variable, allowing for clarity and replication in research.