

Shoulder Muscles Quiz PDF

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Which muscle is primarily responsible for arm abduction?

- Trapezius
- Deltoid
- Pectoralis Major
- Rhomboid Major

Explain the role of the rotator cuff muscles in shoulder stability.

Describe the symptoms and potential causes of shoulder impingement syndrome.

Which nerves supply the rotator cuff muscles? (Select all that apply)

- Axillary Nerve
- Suprascapular Nerve
- Long Thoracic Nerve

Subscapular Nerve

Which movements are performed by the deltoid muscle? (Select all that apply)

- Abduction
- Flexation
- Extension
- Adduction

Explain how shoulder muscles work together to perform a throwing motion.

What is the primary function of the infraspinatus muscle?

- Internal Rotation
- External Rotation
- Flexation
- Extension

Which muscle is not part of the rotator cuff?

- Supraspinatus
- Infraspinatus
- Ters Major
- Subscapularis

Which muscle assists in the elevation of the scapula?

- Levator Scapulae
- Serratus Anterior
- Pectoralis Minor
- Ters Minor

Which of the following are common shoulder injuries? (Select all that apply)

- Rotator Cuff Tear
- Shoulder Dislocation
- Carpal Tunnel Syndrome
- Impingement Syndrome

What is the significance of the serratus anterior in preventing scapular winging?

Discuss the impact of a rotator cuff tear on shoulder function and potential treatment options.

How does the trapezius muscle contribute to shoulder movement and posture?

Which of the following muscles are part of the rotator cuff? (Select all that apply)

- Supraspinatus
- Teres Minor

- Trapezius
- Subscapularis

Which artery supplies blood to the shoulder muscles?

- Femoral Artery
- Subclavian Artery
- Radical Artery
- Carotid Artery

Which muscles contribute to the internal rotation of the shoulder? (Select all that apply)

- Subscapularis
- Infraspinatus
- Terus Major
- Pectoralis Major

Which muscles are involved in scapular retraction? (Select all that apply)

- Rhomboid Major
- Serratus Anterior
- Trapezius
- Pectoralis Minor

Which nerve innervates the deltoid muscle?

- Suprascapular Nerve
- Axillary Nerve
- Long Thoracic Nerve
- Dorsal Scapular Nerve

What movement is primarily performed by the serratus anterior muscle?

- Shoulder Abduction
- Scapular Protraction
- Arm Flexation
- Scapular Elevation

Which condition involves inflammation of the shoulder's bursa?

- Tendonitis
- Bursitis
- Rotator Cuff Tear
- Impingement Syndrome