

Respiratory System Quiz PDF

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Which of the following are true about the alveoli?

- They are the site of gas exchange
- They produce mucus
- They are surrounded by capillaries
- They are part of the upper respiratory tract

Which of the following are part of the upper respiratory tract?

- □ Nose
- Larynx
- Trachea
- Pharynx

Explain the process of gas exchange in the alveoli and the role of hemoglobin in this process.

Explain how the diaphragm contributes to the process of inhalation.



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Describe the role of the medulla oblongata in regulating breathing.

Discuss the impact of high altitude on the respiratory system and how the body adapts.

What are the main differences between asthma and COPD in terms of symptoms and causes?

How does smoking affect the respiratory system, and what are the potential long-term consequences?



Which part of the brain is primarily responsible for regulating breathing?

- C cerebellum
- Medulla oblongata
- Hypothalamus
- Thalamus

What is the primary muscle involved in the process of inhalation?

- Intercostal muscles
- Diaphragm
- Abdominal muscles
- O Pectoral muscles

Which of the following is a common symptom of asthma?

- High fever
- \bigcirc Joint pain
- Shortness of breath
- ◯ Skin rash

What is the role of hemoglobin in the respiratory system?

- \bigcirc To produce red blood cells
- To transport oxygen
- To digest food
- To fight infections

Which structure is responsible for filtering, warming, and humidifying the air we breathe?

- ◯ Larynx
- ⊖ Trachea
- O Nose and nasal cavity



⊖ AlVeoli

Which condition is characterized by the destruction of alveoli, leading to breathing difficulties?

- ◯ Asthma
- ⊖ Emphysema
- Pneumonia

Which structure connects the larynx to the bronchi?

- Pharynx
- ◯ Trachea
- Esophagus
- Bronchioles

What is the primary function of the alveoli?

- Produce mucus
- Exchange gases
- Filter dust particles
- Generate sound

Which diseases are classified under Chronic ObstructIVE Pulmonary Disease (COPD)?

- Asthma
- Emphysema
- Chronic bronchitis
- Pneumonia

What are the functions of the respiratory system?

- Supply oxygen to the blood
- Remove carbon dioxide from the body
- Produce hormones
- Maintain acid-base balance

Which of the following are preventive measures for maintaining respiratory health?

Smoking cessation



Regular exercise

AvoidING air pollutants

High sugar diet

What changes occur in the respiratory system during exercise?

Increased oxygen demand

Decreased heart rate

Increased breathing rate

Decreased lung capacity