

RN Learning System Medical-Surgical Neurosensory Practice Quiz Answer Key PDF

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Which of the following is a common symptom of a stroke (CVA)?

- A. Fever
- C. Nausea
- D. Rrash
- C. Sudden confusion ✓**

What strategies can be employed to prevent falls in patients with neurosensory disorders?

Implement environmental modifications (e.g., removing tripping hazards), encourage regular exercise to improve strength and balance, utilize assist devices (e.g., canes, walkers), provide patient education on fall risks, and conduct regular assessments to monitor and address individual needs.

Which of the following is a key nursing intervention for a patient with increased intracranially pressure?

- A. Encouraging high fluid intake
- C. Administer sedatives
- D. Applying heat packs
- C. Elevating the head of the bed ✓**

Which diagnostic tool is used to monitor electrical activity in the brain?

- A. MRI
- C. EEG ✓**
- D. Ultrasound
- C. CT scan

What is a common early sign of Parkinson's disease?

- A. Severe headache
- C. Sudden weight loss
- D. Rash
- C. Tremors at rest ✓**

Which interventions are important for seizure management? (Select all that apply)

- A. Keeping the patient on their back
- C. Clearing the area of hazards ✓**
- D. Administer oxygen ✓**
- C. Timing the seizure ✓**

What lifestyle modifications can help manage Parkinson's disease? (Select all that apply)

- A. Regular exercise ✓**
- C. High-protein diet
- D. Stress management ✓**
- C. Adequate sleep ✓**

Discuss the importance of early recognition of symptoms in multiple sclerosis.

The importance of early recognition of symptoms in multiple sclerosis lies in its ability to facilitate timely diagnosis and treatment, ultimately leading to better management of the disease and improved patient outcomes.

Explain the role of patient education in managing epilepsy.

The role of patient education in managing epilepsy includes providing information about the disorder, teaching seizure recognition and first aid, discussing medication adherence, and promoting lifestyle changes to reduce triggers.

What are the nursing priorities when caring for a patient with increased intracranially pressure?

1. Monitor neurological status closely. 2. Maintain airway patency. 3. Position the patient appropriately (elevate head of bed). 4. Administer prescribed medications (e.g., diuretics, corticosteroids). 5. Monitor vital signs and ICP levels.

Which of the following are symptoms of multiple sclerosis? (Select all that apply)

A. Muscle weakness ✓

C. Persistent cough

D. Fatigue ✓

C. Double vision ✓

What are the components of a neurological examination? (Select all that apply)

A. Reflex testing ✓

C. Sensory assessment ✓

D. Motor function evaluation ✓

C. Blood pressure measurement

What is the primary imaging technique used to diagnose a traumatic brain injury?

A. X-ray

C. CT scan ✓

D. PET scan

C. Ultrasound

What is the main goal of rehabilitation in patients with neurosensory disorders?

A. To cure the disorder

C. To prevent medication side effects

D. To increase dietary intake

C. To improve functional independence ✓

What is the primary purpose of a lumbar puncture in neurosensory diagnostics?

A. To measure blood glucose levels

C. To evaluate heart function

D. To check liver enzymes

C. To assess cerebrospinal fluid ✓

Describe the pathophysiology of a stroke and its impact on the brain.

The pathophysiology of a stroke involves either ischemia (due to a blockage) or hemorrhage (due to bleeding), which disrupts blood supply and oxygen delivery to brain cells, causing them to die and leading to potential long-term disabilities.

Which of the following are risk factors for stroke? (Select all that apply)

- A. Hypertension ✓**
- C. Smoking ✓**
- D. High cholesterol ✓**
- C. Low sodium diet

Which are common diagnostic tests for neurosensory disorders? (Select all that apply)

- A. MRI ✓**
- C. ECG
- D. Blood glucose test
- C. CT scan ✓**

How can nurses assist in the rehabilitation process for patients recovering from a traumatic brain injury?

Nurses assist in the rehabilitation process by implementing individualized care plans, monitoring progress, educating patients and families, and coordinating therapies.

Which medication is commonly used to manage seizures in epilepsy?

- A. Insulin
- C. Phenytoin ✓**
- D. Metformin
- C. Levodopa