

PN Learning System Medical-Surgical Gastrointestinal Practice Quiz PDF

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What is the primary function of the small intestine in the digestive system?

- Protein digestion
- Nutrient absorption
- Bile production
- Waste elimination

Which medication class is commonly used to reduce stomach acid production?

- Antibiotics
- Antihistamines
- Proton pump inhibitors
- Diuretics

Which diagnostic procedure is used to visualize the colon?

- Endoscopy
- Colonoscopy
- Ultrasound
- MRI

Which of the following are symptoms of inflammatory bowel disease (IBD)?

- Abdominal pain
- Joint pain
- Skin rashes
- Frequent urination

Explain the pathophysiology of Crohn's disease and how it differs from ulcerative colitis.

Describe the preoperative and postoperative nursing care for a patient undergoing a cholecystectomy.

Which of the following is a risk factor for developing gallstones?

- High-protein diet
- Low-fat diet
- Obesity
- Regular exercise

Which of the following are diagnostic tests for liver function?

- ALT
- AST
- bilirubin
- Hemoglobin

Which symptom is most commonly associated with gastroesophageal reflux disease (GERD)?

- Constipation
- Heartburn
- Diarrhea
- Abdominal distension

Which bacterium is most commonly associated with peptic ulcer disease?

- E. coli
- H. pylori
- S. aureus
- C. difficile

Which conditions can lead to gastrointestinal bleeding?

- Peptic ulcers
- Diverticulosis
- Hemorrhoids
- Appendicitis

What is the most common complication of cirrhosis?

- Hypertension
- Ascites
- Diabetes
- Asthma

What are common causes of pancreatitis?

- Alcohol abuse
- Gallstones
- High cholesterol
- Viral infections

How can a nurse educate a patient with cirrhosis about managing their condition and preventing complications?

What is the primary function of the liver in the digestive system?

- Protein digestion
- Bile production

- Vitamin absorption
- Carbohydrate breakdown

Identify and explain the significance of two liver function tests and what abnormal results might indicate.

Which lifestyle modifications can help manage GERD?

- Eating large meals
- Elevating the head of the bed
- Avoid late-night snacks
- Smoking cessation

What are the benefits of a high-fiber diet in managing IBS?

- Reduces constipation
- Increases energy levels
- Stabilizes blood sugar
- Decreases abdominal pain

Discuss the role of proton pump inhibitors in the treatment of peptic ulcer disease and potential side effects.

What lifestyle changes would you recommend to a patient diagnosed with GERD to help manage their symptoms?

