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Endocrine Disorders Quiz PDF

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What hormone is primarily responsible for lowering blood sugar levels?

- ◯ Cortisol
- ◯ Insulin
- Thyroxine
- Adrenaline

What is the primary function of the adrenal glands?

- Regulate metabolism
- O Produce stress hormones
- Control blood sugar
- O Manage calcium levels

Which condition is characterized by insufficient production of thyroid hormones?

- ◯ Hyperthyroidism
- Hypothyroidism
- O Addison's Disease
- Cushing's Syndrome

Which of the following is a symptom of hypothyroidism?

- Increased heart rate
- Weight loss
- Fatigue
- 🔘 Insomnia

What is a common symptom of Cushing's Syndrome?

- Weight loss
- Fatigue



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○ Weight gain

○ Increased appetite

Which test is commonly used to diagnose diabetes mellitus?

- O MRI scan
- Blood glucose test
- CT scan
- ⊖ X-ray

Which glands are part of the endocrine system? (Select all that apply)

- Pituitary
- Salivary
- Thyroid
- Adrenal

Discuss the potential complications of untreated hyperthyroidism.

Describe the feedback mechanism involved in regulating thyroid hormone levels.

Which hormone is deficient in Addison's Disease?

- 🔘 Insulin
- Cortisol



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- ◯ Thyroxine
- ⊖ Estrogen

Which gland is known as the " master gland" of the endocrine system?

- Thyroid
- Pituitary
- Adrenal
- Pancreas

What are potential causes of endocrine disorders? (Select all that apply)

- Genetic mutations
- Environmental toxins
- □ Viral infections
- Nutritional deficiencies

Which hormones are produced by the adrenal glands? (Select all that apply)

- Cortisol
- Adrenaline
- Insulin
- Aldosterone

Why is early detection important in the management of endocrine disorders?

Which of the following are treatments for hypothyroidism? (Select all that apply)

- □ Hormone replacement therapy
- Radioactive iodine
- Surgery
- Lifestyle changes

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How does Cushing's Syndrome affect the body's metabolism?

Explain the role of the hypothalamus in the endocrine system.

Which of the following are functions of the endocrine system? (Select all that apply)

Regulating metabolism

Controlling muscle movement

Managing mood

Facilitating digestion

What are common symptoms of diabetes mellitus? (Select all that apply)

Frequent urination

Excessively thirst

U Weight gain

Blurred vision

What lifestyle changes can help manage diabetes mellitus?

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