

## **Digestive System Quiz PDF**

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| Which of the following nutrients are absorbed in the small intestine? (Select all that apply)   |
|-------------------------------------------------------------------------------------------------|
| <ul><li>□ Proteins</li><li>□ Carbohydrates</li><li>□ Fats</li><li>□ Vitamins</li></ul>          |
| Which enzymes are involved in protein digestion? (Select all that apply)                        |
| ☐ Pepsin ☐ Amylase ☐ Trypsin ☐ Lipase                                                           |
| Which hormone stimulates the release of gastric acid in the stomach?                            |
| <ul><li>☐ Insulin</li><li>☐ Gastrin</li><li>☐ Secretin</li><li>☐ Cholecystokinin</li></ul>      |
| Which part of the digestive system is responsible for the initial mechanical digestion of food? |
| <ul><li>Stomach</li><li>Mouth</li><li>Small Intestine</li><li>Esophagus</li></ul>               |
| Which of the following are functions of the liver in digestion? (Select all that apply)         |
| <ul><li>□ Producing bile</li><li>□ Storing glycogen</li></ul>                                   |

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| ☐ Producing insulin                                                          |
|------------------------------------------------------------------------------|
| ☐ Detoxifying blood                                                          |
|                                                                              |
| What enzyme in saliva begins the digestion of carbohydrates?                 |
| ○ Pepsin                                                                     |
| ○ Lipase                                                                     |
| ○ Amylase                                                                    |
| ○ Trypsin                                                                    |
|                                                                              |
| Which organ is primarily responsible for nutrient absorption?                |
| ○ Stomach                                                                    |
| ○ Small Intestine                                                            |
| ○ Large Intestine                                                            |
| ○ Esophagus                                                                  |
|                                                                              |
| What is the main role of bile in digestion?                                  |
| ○ Break down proteins                                                        |
| O Neutralize stomach acid                                                    |
| ○ Emulsify fats                                                              |
| Absorb carbohydrates                                                         |
|                                                                              |
| Explain the role of the pancreas in digestion.                               |
|                                                                              |
|                                                                              |
|                                                                              |
|                                                                              |
|                                                                              |
| Describe how the enteric nervous system regulates digestive processes.       |
|                                                                              |
|                                                                              |
|                                                                              |
| O                                                                            |
|                                                                              |
| How does the body regulate the pH levels in the stomach and small intestine? |
|                                                                              |

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| Which processes are involved in mechanical digestion? (Select all that apply)                                  |
|----------------------------------------------------------------------------------------------------------------|
| <ul><li>☐ Chewing</li><li>☐ Peristalsis</li><li>☐ Enzyme secretion</li><li>☐ Churning in the stomach</li></ul> |
| Discuss the importance of fiber in the digestive system.                                                       |
|                                                                                                                |
| What are the differences between chemical and mechanical digestion? Provide examples of each.                  |
|                                                                                                                |
| What condition is characterized by the backward flow of stomach acid into the esophagus?                       |
| <ul><li>○ Ulcer</li><li>○ GERD</li><li>○ IBS</li><li>○ Crohn's Disease</li></ul>                               |
| Explain the evolutionary adaptations of the digestive system in herbivores compared to carnivores.             |
|                                                                                                                |
| Which of the following is not an accessory organ of the digestive system?                                      |
| ○ Liver                                                                                                        |

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| ○ Pancreas                                                                                     |
|------------------------------------------------------------------------------------------------|
| ○ Kidneys                                                                                      |
| ○ Gallbladder                                                                                  |
|                                                                                                |
| What is the primary function of the large intestine?                                           |
| O Protein digestion                                                                            |
| ○ Absorption of water                                                                          |
| ○ Fat emulsification                                                                           |
| ○ Carbohydrate breakdown                                                                       |
|                                                                                                |
| What are the components of gastric juice? (Select all that apply)                              |
| ☐ Hydrochloric acid                                                                            |
| Bile                                                                                           |
| Pepsin                                                                                         |
| Mucin                                                                                          |
|                                                                                                |
| Which of the following are symptoms of irritable bowel syndrome (IBS)? (Select all that apply) |
| Abdominal pain                                                                                 |
| Constipation                                                                                   |
| ☐ Diarrhea                                                                                     |
| ☐ High fever                                                                                   |