

Circulatory System Quiz Answer Key PDF

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What type of blood vessel carries blood away from the heart?

- A. Veins
- B. Capillaries
- C. Arteries ✓
- D. Lymphatics

Which valve is located between the left atrium and left ventricle?

- A. Tricuspid Valve
- B. Pulmonary Valve
- C. Mitral Valve ✓
- D. Aortic Valve

Which component of blood is primarily responsible for oxygen transport?

- A. White Blood Cells
- B. Plasma
- C. Platelets
- D. Red Blood Cells ✓

What is the main function of the pulmonary circulation?

- A. Supply oxygen to the body
- B. Remove waste products from tissues
- C. Oxygenate blood ✓
- D. Distribute nutrients

Which chamber of the heart receives oxygenated blood from the lungs?



A. Right Atrium B. Left Atrium C. Right Ventricle D. Left Ventricle
Which of the following is a common risk factor for hypertension? A. Low salt intake B. High physical activity C. Obesity ✓ D. Young age
Which of the following are functions of the circulatory system? (Select all that apply) A. TransportING oxygen and nutrients ✓ B. Producing hormones C. Removing waste products ✓ D. Regulating body temperature ✓
What is the lifespan of a typical red blood cell? A. 30 days B. 60 days C. 90 days D. 120 days ✓
Which of the following are phases of the cardiac cycle? (Select all that apply) A. DiASTOLIC ✓ B. SYSTOLIC ✓ C. Mitotic D. Ejection ✓
Which lifestyle changes can help maintain a healthy circulatory system? (Select all that apply) A. Regular exercise ✓ B. Smoking



- C. Balanced diet ✓
- D. ExcessIVE alcohol consumption

Which of the following are types of white blood cells? (Select all that apply)

- A. Erythrocytes
- B. Neutrophils ✓
- C. Lymphocytes ✓
- D. Platelets

Which of the following are symptoms of a heart attack? (Select all that apply)

- A. Chest pain ✓
- B. Shortness of breath ✓
- C. Headache
- D. Nausea ✓

What is the role of the sinoatrIAL (SA) node in the heart?

- A. Pump blood to the lungs
- B. Initiate the heartbeat ✓
- C. Regulate blood pressure
- D. Filter blood

What factors can influence blood pressure? (Select all that apply)

- A. Heart rate ✓
- B. Blood volume ✓
- C. Blood vessel elasticity ✓
- D. Body temperature