

Chapter 1 Quiz PDF Psychology

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Which perspective in psychology focuses on observable behavior?

- Cognitive
- Behavioral
- Humanist
- Psychoanalytic

Who is considered the father of modern psychology?

- Sigmund Freud
- Carl Rogers
- Wilhelm Wundt
- William James

What is the primary goal of psychology?

- To entertain
- To describe, explain, predict, and control behavior
- To diagnose mental disorders
- To conduct experiments

Which of the following is NOT a goal of psychology?

- To predict behavior
- To control behavior
- To manipulate behavior
- To describe behavior

Which research method involves manipulating variables to determine cause and effect?

- Descriptive
- Correlational

- Experimental
- Observational

Describe how the biological perspective differs from the behavioral perspective in psychology.

Discuss the role of ethics in psychological research and why it is crucial.

What contributions did Wilhelm Wundt make to the field of psychology?

Which perspective emphasizes personal growth and self-fulfillment?

- Biological
- Humanist
- Behavioral
- Socio-cultural

What are the ethical considerations in psychological research?

- Informed consent
- Confidentiality
- Deception without debriefin
- Ethical treatment of participants

Which research methods are typically used in psychology?

- Experimental
- Descriptive
- Correlational
- Anecdotal

Which of the following are goals of psychology?

- Describe behavior
- Explain behavior
- Predict behavior
- Entertain behavior

Which of the following are considered major perspectives in psychology?

- Biological
- Behavioral
- Astrological
- Cognitive

Identify and explain one key difference between the psychoanalytic and humanist perspectives.

Who developed the theory of psychoanalysis?

- John B. Watson
- Carl Rogers
- Sigmund Freud

Abraham Maslow

Which concepts are associated with the socio-cultural perspective?

- Cultural norms
- Social influence
- Biological processes
- Evolutionary adaptation

What does the cognitive perspective in psychology primarily study?

- Genetics
- Mental processes
- Social influences
- Evolutionary traits

Which figures are associated with the development of humanism?

- Carl Rogers
- Abraham Maslow
- Sigmund Freud
- John B. Watson

Explain the importance of the scientific method in psychological research.

How does the cognitive perspective approach the study of mental processes?

