

Carpal Bones Quiz PDF

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Which carpal bone is the smallest?

- Scaphoid
- Pisiform
- Capitate
- Trapezium

Which of the following is a carpal bone located in the proximal row?

- Trapezium
- Scaphoid
- Capitate
- Hamate

Why is it important for healthcare professionals to understand the anatomy of the carpal bones?

What imaging technique is commonly used to diagnose carpal bone fractures?

- Ultrasound
- X-ray
- CT Scan
- PET Scan

Explain the significance of the carpal bones in wrist movement.

Which of the following bones are part of the distal row of carpal bones?

- Trapezium
- Scaphoid
- Capitate
- Lunate

Which carpal bones articulate with the radius?

- Scaphoid
- Lunate
- Trapezoid
- Pisiform

List the carpal bones in order from lateral to medial in the proximal row.

Which carpal bone is known for its hook-like feature?

- Trapezium
- Hamate
- Capitate
- Lunate

What are common symptoms of a carpal bone fracture?

- Swelling
- Bruising
- Numbness
- Fever

How do mnemonic devices aid in learning the names of the carpal bones? Provide an example.

Which carpal bones are involved in wrist flexions?

- Hamate
- Capitate
- Trapezium
- Triquetrum

Which of the following is NOT a carpal bone?

- Triquetrum
- Metacarpal
- Lunate
- Trapezoid

Describe the typical symptoms and treatment options for a scaphoid fracture.

Which carpal bone is most commonly fractured?

- Lunate
- Pisiform
- Scaphoid
- Trapezoid

Discuss how carpal tunnel syndrome is related to the carpal bones.

Which of the following are features of the scaphoid bone?

- Boat-shaped
- Largest carpal bone
- Located in the proximal row
- Articulates with the radius

Which mnemonic helps remember the order of carpal bones?

- Every Good Boy Deserves Fudge
- Some Lovers Try Positions That They Can't Handle
- My Very Educated Mother Just Served Us Noodles
- King Philip Came Over For Good Soup

What is the primary function of the carpal bones?

- Protect the brain
- Facilitate wrist movement
- Support the ankle
- Aid in digestion

Which conditions can be associated with carpal bones?

- Carpal Tunnel Syndrome
- Osteoporosis
- Arthritis

Plantar Fasciitis