

Bones In The Hand Quiz PDF

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How many bones are there in the human hand?

- 24
- 27
- 30
- 32

Which carpal bone is most commonly fractured?

- Lunate
- Pisiform
- Scaphoid
- Trapezoid

Which metacarpal bone is associated with the thumb?

- 1st metacarpal
- 2nd metacarpal
- 3rd metacarpal
- 4th metacarpal

Which bones are part of the proximal phalanges? (Select all that apply)

- Thumb
- Index finger
- Middle finger
- Little finger

Which of the following are types of interphalangeal joints? (Select all that apply)

- Proximal Interphalangeal (PIP)
- Distal Interphalangeal (DIP)

- Metacarpophalangeal (MCP)
- Carpal-Metacarpal (CMC)

What are common conditions affecting the hand bones? (Select all that apply)

- Arthritis
- Carpal Tunnel Syndrome
- Osteoporosis
- tendonitis

What is the total number of distal phalanges in one hand?

- 3
- 4
- 5
- 6

Which joint is formed between the metacarpal bones and proximal phalanges?

- Wrist joint
- Interphalangeal joint
- Metacarpophalangeal joint
- Carpal joint

Which bone is located in the proximal row of the carpal bones?

- Trapezium
- Capitate
- Scaphoid
- Hamate

How many phalanges are in the thumb?

- 1
- 2
- 3
- 4

Which bones form the wrist joint? (Select all that apply)

- Scaphoid
- Trapezoid
- Hamate
- Radius

Which bones are involved in the power grip? (Select all that apply)

- Metacarpals
- Phalanges
- Carpal
- Radius

Which of the following are bones in the distal row of the carpal bones? (Select all that apply)

- Trapezium
- Lunate
- Capitate
- Pisiform

Which type of grip involves the thumb touching the fingertips?

- Power grip
- Precision grip
- Hook grip
- Cylindrical grip